



Complete Athlete Program

AYSO Area 1-D CAP Evaluation to be held in North Redondo Beach at Anderson School.

AYSO Area 1-D (regions 7, 17, 18, 21, 34, 92 & 1345) will be hosting a section wide CAP Evaluation on Sunday, Nov, 14, 2004 at Anderson School in North Redondo Beach – off Manhattan Beach Blvd. between Inglewood and Aviation Avenues, turn south on Vail Ave. Turn right on Farrell Ave. The field is on the left side of the street, south-west corner of the park.

All age-eligible players, male or female, are invited to attend the evaluation. Please **PRE-REGISTER** by contacting Bill Veach, at (310) 322-6774 or laws4fun@hotmail.com. The cost is \$15 per player, payable at the evaluation. Please make checks to AYSO Area 1-D. Players from Area 1-D (Regions 7, 17, 18, 21, 34, 92 & 1345) contact your regional commissioner regarding this fee.

TIMES:

9am – 11am – all male players

10:30am – 12:30pm – all female players

****Bring your own water****

About CAP

The Complete Athlete Program (CAP) is designed to help any aspiring student-athletes meet their college goals. It is designed for student athletes who want to:

- attend college
- play soccer while in college
- be prepared to do both

Participation is open to any age-eligible player who

CAP Evaluations

The CAP Evaluation is the first level of the Complete Athlete Program. It is a low cost opportunity for players to learn how their soccer ability compares with players across the country. Using a nation-wide rating system each player receives an unbiased evaluation of their current level of soccer skill.

Regions can use evaluation information to better balance teams. Regional coaches can also use the information to develop better player training opportunities at the team level or through programs developed and offered at the regional level.

For the players - the evaluation is the fairest way to assess playing skills. Technical, tactical, functional attacking and defending skills are evaluated by neutral evaluators using the same, defined process used at all evaluations across the country. The use of high school or college level coaches who are specifically trained in the CAP evaluation system and a standard written evaluation assure consistency and fairness. We use the same standard from Maine to California! A written evaluation is sent home with each participant.

For the parents – you are invited to attend a **workshop from 10:30am – 11:00am** which will help you in working with your student-athletes to identify and pursue the college of their choice. Topics include College requirements, financial aid, and scholarships. Relevant materials including a *College Planning Booklet* are sent home with each family. This Player/Parent handbook is an invaluable resource for student-athletes interested in

**For more information, visit the area Website:
www.ayso1D.org**